# It's Parish Life Weekend! Here is a quick guide to getting involved. You're welcome.



Dear Good People of Saint Bernadette,

It is that time of year when various ministries in the parish come together and have one recruitment weekend to fill the needs of the parish for the coming year, in areas of ministry including education (adults and children), liturgy, parish operations, social and charitable outreach, and parish life events.

We **thank you**, all of you who have stepped up and brought these ministries to life during the past year so that others might come and pray, learn and contribute to our Saint Bernadette Family in the many expressions of its love of God and care and compassion for his people. What you do makes a difference.

This weekend we will have some representatives of various ministries present after all Masses outside of the church to answer any questions you might have, which can help you discern if you are called to be involved in a particular way. I am confident that there is no such thing as a Christian who is *not called to do something*... so this is everyone's chance to share the joy and fellowship of service.

This year we are conducting Parish Life Weekend a bit differently. We have not published a printed catalog (you can find the ministry listing on line on our website) and we will not follow up with a commitment card. So few people responded last year we are not going to the expense. This year, simply visit the tent outside and sign up with email and phone. The ministry leaders will call you back. Or, you can contact them, their contact information is posted online as well as in a quick list in the bulletin today.

We hope that everyone takes advantage of these opportunities to serve. It is through service that we learn to know ourselves and grow into a community of faith and love.

God bless you. Fr. Dm



## EDUCATION MINISTRIES

- Adult Faith Formation
- ALPHA Adult/ Young Adult • ESOL: English as Second
- Language • Faith Formation K-8 and Sacramental Prep for High School Students
- RCIA: Rite of Christian Initiation for Adults
- Saint Bernadette School
- Vacation Bible School
- Wednesday Bible Studies
- Youth Ministry (CYM)
- Confirmation Team Leaders
- High School Retreats
- High School Events
- High School Dinner and Fellowship
- Catholic Life Communities
- Middle School Arise
- Middle School Monthly Socials
- Diocesan WorkCamp Volunteer
- ALPHA Youth

At Saint Bernadette, we hope to provide the best possible religious education for our parish community. Together, our programs can work as a resource, preparing our children, young adults, and adults for the sacraments and continuing to nourish our community's faith formation.

This past year we offered:

• *RCIA – for all interested in joining the Catholic Church, 7-9pm Mondays in the Bradican Room;* 

• Wednesday morning, Wednesday evening and Thursday morning Bible studies;

• Lenten Small Groups program;

•*The Called and Gifted Workshop, September 7, 2019;* 

Once again this year we invite all adults to come to periodic presentations as well as scheduled series throughout the week, including:

•Lenten Small Groups;

• Parish 40 Hours Lenten Retreat with nightly conferences;

## **Adult Faith Formation**

**Mission:** To provide ongoing, life-long, faith formation for adults within our parish community. This includes bible studies, parish missions, guest speakers, educational series, retreats, or days of reflection for parishioners.

**Time:** Meet regularly, varies by program activities

**Coordinators:** Martha Drennan, Director of Faith Formation, mdrennan@stbernpar.org and Fr. Don Rooney, frdonrooney@stbernpar.org

## Alpha Adult/Young Adult Series

**Mission:** Alpha is designed to be a space where people can come and have conversations about life, faith, and God, in a way that is engaging and authentic. It's a place where you can invite your friends to talk about life's biggest questions, to feel welcome no matter what they believe, and to get a glimpse of the Christian faith.

**Time:** If serving on the main host/helper team, volunteers would be needed for an 11-12 week period including two team training sessions as well as a weekend day away.

Fall 2019 Alpha Series – September 17th through December 3rd

**Talent:** Opportunities to volunteer include hosts/helpers which serve as small group facilitators. These volunteers require gifts of relational ministry, listening, and encouragement. We also need help in the area of hospitality to provide refreshments for guest participants throughout the 11 weeks. **Director of Youth Ministry:** Kara Lilly, klilly@stbernpar.org

## ESOL: English as a Second Language

Saint Bernadette partners with Catholic Charities, Diocese of Arlington – Hogar Immigrant Services to offer English and citizenship classes for our immigrant

*neighbors.* **Mission:** To co-teach English language classes and/or tutor citizenship candidates. There are five different levels of English classes offered, and volunteers usually teach in pairs. Classes are held

**Time:** Tuesday and Thursday evenings from 7-9pm. Teachers commit to one night per week.

**Coordinator:** Diana Round, diana. round@ccda.net, (571) 208-1572 ext. 102.

in Saint Bernadette School.

## Faith Formation, Kindergarten through 8th Grade and Sacramental Preparation for High School Students

**Mission:** Mission: To partner with parents, the first and best educators of their children, in order to provide ongoing faith formation for all the children in the parish who are not enrolled in a Catholic School. There is a large range of responsibilities undertaken by the parish in hoping to serve the over 5,000 registered children in their faith formation and sacramental preparation needs.

**Time:** Weekly commitment (if possible), plus initial training, including VIRTUS certification with a background check, and on-going catechist formation in the parish, while obtaining certification in accordance with the requirements of the bishop. As much or as little time as you can give is appreciated.

**Talent:** A love of Jesus Christ, our Catholic faith, and the children is foremost, and a desire to fill a needed role in an environment where Christ is our focus. Training and certification are made available to all to ensure that **Talent:** A love of education and chilwe are educated in the faith we teach. Volunteer opportunities include; catechists, assistant catechists, prayer aides, office and clerical volunteers, teen helpers, and hall/door monitors. There are also specific areas to help with during the course of the year.

Director: Martha Drennan, 703-451-8576, mdrennan@stbernpar.org

## **RCIA: Rite of Christian Initiation** for Adults Team

We are blessed with a faithful formation team for adults who are seeking to live new faith, toward the ultimate goal of full sacramental initiation in the Church at the Easter Vigil Mass.

**Mission:** To facilitate the process of initiating new members into our Roman Catholic community of faith through Baptism, Confirmation and Eucharist. Providing personal presence which seeks to accompany Inquirers throughout the process of coming to the Sacraments.

Time: Thursdays, 7-9pm, weekly meetings and some other weekend activities throughout the year.

**Talent:** An ability to share your love of Christ and the Catholic faith with those seeking to become Catholic. Some teaching and leading of discussion groups is possible, along with priests and other faculty.

**Coordinators:** Martha Drennan, (703)451-8576, mdrennan@stbernpar. org, and Fr. Don, frdonrooney@stbernpar.org

## Saint Bernadette School

Science Fair Judges Tutors Art, Reading and Library Assistants Club Sponsors Kitchen/Lunchroom volunteers

It is a great blessing to see our children grow in their awareness of the Spirit working through them and in them as well as learn. Catholic Education allows us to discuss what a blessing it is to use these God's gifts in a life dedicated to his service. It is our prayer that many priestly and religious vocations have been awakened in the souls of our children this year.

**Mission:** To provide support for the Catholic education of our children.

Time: Weekly commitment (if possible), plus initial training, including VIRTUS and ongoing formation, as needed. As much or as little time as you can give is deeply appreciated.

dren is foremost and a desire to fill a needed role in an environment where Christ is our focus. A full spectrum of opportunities are available.

**Principal:** Barbara Dalmut, Principal, 703-451-8696, bdalmut@stbernschool. org

## **Bible Studies**

These Adult Bible studies offer a wide selection of possibilities for the group, in some instances a full three-year curriculum has been established. Exodus were completed. All are welcome to participate.

Mission: To grow in your spiritual walk with Christ by spending time with his Word in prayer and fellowship.

**Time:** Wednesday mornings, 9:45am-11:30am, Wednesday evenings, 7:30-9pm, Thursday mornings, 9:45am-11:30am

Coordinators: Maggie McKinley (mornings), office@stbernpar.org, David Campbell (evenings), dccampbell@ fcps.edu, Myra Musialkiewicz, mmusialkiewicz@cox.net

## Youth Ministry (YM)

Mission: Saint Bernadette Youth Ministry is made up of those adults who have been called by God to help young people experience the transforming love of Christ and become missionary-disciples. We do this by providing a wide range of opportunities to be formed in the Catholic faith for 6th-12th grade teens in Springfield, VA. Our ultimate goal is to provide an avenue for every single teen in the parish to enter more deeply into their faith and parish community. Several current opportunities to facilitate our youth programs are listed below. However, we are always looking for new adults who are willing to step up and use their gifts to inspire teens in the faith. If you have a gift or passion that you are excited to share please reach out to the Office of Youth Ministry. We would love to work on developing your idea for a new youth program!

**Time:** Youth programs/activities can be anywhere from a one-night event or a year-round weekly program.

Talent: Every gift is necessary/can be used to reach out to the teens of our parish. The only requirement is a willingness to say yes to the call God has given you and to share that with the youth. All youth workers are sup-



## EDUCATION MINISTRIES

ported and given opportunities for formation from the Office of Youth Ministry.

**Coordinator:** Kara Lilly, Director of Youth Ministry, klilly@stbernpar.org; Stephen Paquette, Assistant Director of Youth Ministry, spaquette@stbernpar.org

**Note:** The Diocese mandates that all CYM adult volunteers (18+ years of age) be compliant with OPCYP Programs. Contact Kara Lilly for more information.

## **YM: Confirmation Team Leaders**

**Mission:** To serve as a team leader to 7-12 sixth, seventh and eighth graders who are preparing for the sacrament of Confirmation. Leaders serve as spiritual mentors and coordinators of corporal and spiritual works of mercy projects which lead candidates into serving in the life of the Church, reflect on their involvement and connect. Loving adults are needed to witness their own faith and commitment to the Church and inspire our young people to grow in their faith.

**Time:** 15-18 month commitment. A minimum of six meetings with candidates to complete spiritual and corporal works of mercy and accompany them to the Confirmation retreat. Several formation meetings with staff and other Team Leaders.

**Talent:** An ability to act as a mentor, witnessing your love of God and our life in the Church. Able to share freely and appropriately, and inspire faith.

**Coordinator:** Kevin Elaine Fiesel, kfiesel@stbernpar.org

## **YM: Confirmation Retreats**

**Mission:** To prepare our Confirmation candidates for entering into the Sacrament of Confirmation through a series of talks, activities and times of reflection over the course of a weekend (Friday night- Saturday night).

**Time:** Fall season before Confirmation in the spring; Boys and Girls go on separate weekends.

**Talent:** An ability to act as a mentor, witnessing your love of God and our life in the Church. Able to share freely and appropriately, and inspire faith. Adults will be expected to lead or assist leading a single-sex small groups of teens throughout the retreat. This will involve facilitating discussions and encouraging deep sharing. **Coordinator:** Christine Parvin, cparvin@stbernpar.org

## **YM: High School Retreats**

**Mission:** To provide an opportunity for all 9th-12th grade teens in the parish and Springfield to have an encounter with God by following Jesus' example of *"withdraw[ing] to deserted places to pray." Luke 5:16.* 

**Time:** 3-4 times a year, seasonal. Some retreats are 1-2 day overnights and others are day-long.

**Talent:** An ability to act as a mentor, witnessing your love of God and our life in the Church. Able to share freely and appropriately, and inspire faith. Adults will be expected to lead or assist leading a single-sex small groups of teens throughout the retreat. This will involve facilitating discussions and encouraging deep sharing.

**Coordinator:** Christine Parvin, cparvin@stbernpar.org

## **YM: High School Events**

**Mission:** To provide the opportunity for all 9th-12th grade teens in the parish and Springfield to come together for fun, fellowship and formation in the faith.

**Time:** The Office of Youth Ministry sponsors at least one activity per month. These include large group gatherings, trips and Diocesan events.

**Talent:** Adults willing to chaperone with an ability to act as a mentor, witnessing your love of God and our life in the Church. Able to share freely and appropriately, and inspire faith.

**Coordinator:** Kara Lilly, Director of Youth Ministry, klilly@stbernpar.org

## YM: High School Dinner & Fellowship

**Mission:** To provide an opportunity for all 9th-12th grade teens in the parish and Springfield to share a meal together at the parish. This is to model the community described in the book of Acts, "Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoyed favor with all the people." Acts 2:46-47.

**Time:** Every 3rd Sunday of the Month. (Cancellations may occur when youth events conflict).

Talent: We are in need of adults with

the gift of hospitality. Our hope is to build teams of adults willing to cook meals.

**Coordinator:** Stephen Paquette, spaquette@stbernpar.org

#### YM: Catholic Life Communities

**Mission:** Catholic Life Communities are committed, parish-based, singlesex high school communities of faith for guys and girls, that promote their spiritual, emotional, and social development in an atmosphere of Christian values and friendships.

**Time:** 7:30pm on Thursday for boys CLC. Please contact CLC Coordinator first before attending. Several CLC events are planned throughout the year including a yearly diocesan-wide CLC retreat, field trips, and pilgrimages.

**Talent:** An ability to act as a spiritual, emotional, and life mentor; Knowledge on Church teaching in order to form and catechize the participating teens; Emotional strength to share deeply about one's life and encourage strong relationships among high school peers.

**Coordinators:** Boys CLC Coordinators: Jim Garster, jgarster@verizon.net, Austin Mee, austinsamee@gmail.com

#### YM: Middle School Arise

**Mission:** We provide an opportunity for 6th-8th grade boys and girls to come together for an evening of fun, fellowship, and faith formation. Our main focus is to build community among the middle school youth in the parish.

**Time:** Generally 2nd and 3rd Fridays each month from 6:30-8:30p.m.

**Talent:** Gifts of joy, care, and presence, modeling St. John Bosco's style of relational ministry. Therefore we are looking for leaders who are willing to give talks, lead games, and simply be present with the teens throughout the program.

**Coordinator:** Stephen Paquette, spaquette@stbernpar.org

## YM: Middle School Monthly Socials

**Mission:** We provide middle school students with a fun social experience each month in order to build community amongst our 6th-8th grade teens. This could range from laser-tag or bowling, or having a themed party at St. Bernadette.

**Time:** Generally 1st Fridays each month.

**Talent:** We are in need of volunteers who are excited to share their joy with young people. We especially are in need of drivers and chaperones **Coordinator:** Stephen Paquette, spaquette@stbernpar.org

#### YM: Diocesan WorkCamp Volunteers

**Mission:** To assist in the preparation, coordination and participation of our youth's WorkCamp experiences.

**Time:** Varies based on area of support. Can include volunteering the week of camp, weekend fundraising activities or planning meetings.

**Talent:** Many opportunities are available such as: contractor, team leader, fundraising coordinator, stakeholder, security, lunch prep, etc. All share in the coordination and execution of a powerful week long service oriented WorkCamp experience. Volunteers are needed to attend WorkCamp and provide leadership. Always in need of a contractor or someone who is very handy. The Diocese requires that each parish have one or two contractors attend WorkCamp—we need you! No experience necessary but a willingness to witness Christ through your example to *our youth is a must!* 

**Coordinator:** Stakeholder/Coordinator, Carolina Diez, g8trn90@gmail.com

## **YM:** Alpha Youth Series

**Mission:** Alpha is designed to be a space where teens can come and have conversations about life, faith, and God, in a way that is engaging and authentic. It's a place where they can invite their friends to talk about life's biggest questions, to feel welcome no matter what they believe, and to get a glimpse of the Christian faith.

**Time:** If serving on the main host/ helper team, volunteers would be needed for a 10-11 week period including two team training sessions as well as a weekend day away. Fall 2019 Alpha Series – September 18th through November 20th

**Talent:** Opportunities to volunteer include hosts/helpers which serve as small group facilitators. These adult require gifts of relational ministry, listening, and encouragement. We also need help in the area of hospitality to provide refreshments for guest participants throughout the 9 weeks. **Director of Youth Ministry:** Kara Lilly, klilly@stbernpar.org



## LITURGICAL MINISTRIES

- Altar Servers
- Altar Society
- Extraordinary Ministers of Holy Communion
  - Service to the Homebound/ Sick
- Hospitality : Greeters
- Hospitality: Ushers
- Lectors
- Music Ministry
  - The Saint Bernadette Choir
  - Contemporary Choir
  - Coro Hispano
  - Youth Choir (Gr. 7-12)
  - Children's Choir (Gr. 1-6)
- Seasonal Decorators

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Together we keep the Mass as the center of our worshiping community. All those who volunteer for liturgical ministries witness to the presence of Christ in our midst and strengthen us as a community centered on Jesus present in the Eucharist and in his living Word.

Within our liturgical ministries, we rely upon the gifts of the presider to lead us in worship, and the gifts of God's people to sing his praises, proclaim his Word, serve at his altar, welcome his people, care for his altar and his house, and assist in the distribution of Holy Communion, at Mass and to the homebound. There are many ministries and many gifts needed to support the liturgy in our parish.

We continue to encourage all members of St. Bernadette to participate fully, consciously, and actively in our liturgical worship and the life of our parish.

## **Altar Servers**

**Mission:** A unique ministry by which boys and girls fourth grade and older can help to spread the word and the love of Christ by assisting the principal celebrant during Mass. To be an Altar Server is a special honor and a great privilege. Opportunities are available for other liturgies as well, such as weddings, funerals, benediction, etc.

**Time:** Generally two Masses per month. Arrive 15 minutes prior to the start of Mass. Initial training and formation sessions. Schedule is flexible and finding a substitute if needed is required.

**Talent:** A desire to serve God. Attentiveness and reverence at Mass. Must be dependable.

**Coordinators:** Jay Conners, jay.conners@ gmail.com

## **Altar Society**

**Mission:** To clean the sanctuary and sacred vessels, take home used vestments, altar cloths, purificators and towels to be cleaned, pressed or repaired, replenish holy water at the church entrances, and water plants.

**Time:** Various and numerous activities at different times weekly, or by the month.

**Talent:** A caring eye for detail.

**Coordinator:** Kim McShea, mcsheas4@verizon.net

## Extraordinary Ministers of Holy Communion

**Mission:** To assist in the distribution of the Holy Eucharist on Sundays, Holy Days and/or daily Mass, and to share ministry with the homebound and institutionalized.

**Time:** Weekly commitment (if possible). Schedule is flexible and finding a substitute is required. Formation and training sessions also required.

**Talent:** Love and reverence for the Holy Eucharist; ease in public settings, Catholic in good standing who has received the Sacraments of Initiation (Baptism, Eucharist and Confirmation). Must be invited to serve by the Pastor and formally mandated by Bishop Burbidge, usually annually in May. *If you are interested, please contact Fr. Don directly for an appointment.* 

**Coordinators:** Suyapa Shine, suyashine@ gmail.com, Alicia Ramos, theramostamily@cox.net and Fr. Don Rooney, frdonrooney@stbernpar.org

## Eucharistic Ministers

**Service to the Homebound and Sick** 

**Mission:** To bring the Holy Eucharist, pray and visit with those who are homebound or institutionalized.

**Time:** Weekly commitment (if possible). 1-2 hours weekly. Annual Training.

**Talent:** Love and reverence for the Holy Eucharist; friendly and compassionate with the ability to comfort. Catholic in good standing who has received the Sacraments of Initiation (Baptism, Eucharist and Confirmation). Must be invited to serve by the Pastor and formally mandated by Bishop Loverde, usually annually in May. *If you are interested, please contact Fr. Don directly for an appointment.* 

**Coordinator:** Suyapa Shine, suyashine@ gmail.com and Fr. Don, frdonrooney@ stbernpar.org

## **Hospitality: Greeters**

The role of a greeter is different from an usher, who works inside the church helping people to find seats and facilitates the flow of the collection(s) and Communion procession. The greeter is at the door, helping people in, giving them liturgy sheets. This ministry could be the most effective means of helping all to feel welcome, coming to Mass on Sundays and other special liturgies.

Mission: Welcome all parishioners and

visitors to Mass with a warm smile and friendly greeting. Some greeters could stand outside and assist people who need assistance from their car to their pew. Distribute liturgy sheets and assist ushers as needed. Adults and teens welcome.

**Time:** Weekly commitment desired, not required (arrive 15 minutes prior to Mass). Schedule is flexible and finding a substitute is required. Initial training and annual meeting.

**Talent:** An ability to help people be aware they belong; a deep sense of Christ in all people. **Coordinator:** Kathy Marchetti, kathmarc@yahoo.com

## **Hospitality: Ushers**

**Mission:** To provide assistance to our fellow parishioners during regular Masses, Holy Days and also during special liturgical events. This assistance includes a variety of tasks such as extending greeting to all those that enter, seating people, assisting during Communion, taking up the collection and distributing the church bulletin at the conclusion of Mass.

**Time:** Weekly commitment (arrive 15 minutes prior to Mass). Initial training.

**Talent:** An ability to help people be aware they belong; a deep sense of Christ in all people.

**Coordinator:** Kyle Albert, ag4apple@ gmail.com, Adam Curcio, adam. curcio@gmail.com and Cedric Ellis, cedric.ellistravel@verizon.net

## Lectors

**Mission:** To proclaim the Scripture readings at Sunday and Weekday Masses, Holy Days and at other special liturgical events with reverence and understanding. This requires spending time with the Word before your assigned Mass, prayerful contemplation and an openness to letting the Holy Spirit lead. Adults and teens eligible.

**Time:** Sunday lectors usually serve one or twice a month, weekday lecotrs may serve more frequently. All lectors participate in one annual formation session. Schedule is flexible and finding a substitute is required.

**Talent:** A love for God's Word. A clear speaking voice and ease speaking in front of people.

Coordinator: Nancy Allard,

pn.allard@gmail.com and Carmen Sanchez, 1222sanchcar@gmail.com

## **Music Ministry**

The music ministry welcomes singers and instrumentalists who want to share their gifts to help foster the sung prayer of our parish. We have five choirs that sing at Sunday (or Saturday evening) Mass and for special occasions. Below are the rehearsal and Mass times for each choir. If you enjoy singing or play an appropriate instrument and would like to contribute your talents to the parish liturgies in this special way, please contact us – we would love to have you join us!

**Talent:** Love of music and wanting to share your musical talents in prayer.

**Director:** David Mathers, Director of Music Ministries, dmathers@stbern-par.org

## **Music: The Saint Bernadette Choir**

The Saint Bernadette Choir sings for the Sunday 11am Mass from September to June, as well as Christmas Midnight Mass, liturgies of the Easter Triduum and other parish liturgies. Repertoire includes the broad range of excellent Catholic liturgical music including chant, polyphony, classical and contemporary hymns and choral works.

**Time:** Sunday 10:15am warm-up, Mass at 11am. Rehearsal Thursdays 7:30 - 9:15pm.

**Choir Director:** David Mathers, Director of Music Ministries, dmathers@stbern-par.org

## **Music: Contemporary Choir**

The Contemporary Choir sings for the Sunday 9am Mass September to June as well as Christmas Eve, Easter Vigil and other parish liturgies. Repertoire includes the broad range of excellent Catholic liturgical music including chant, polyphony, classical and contemporary hymns and choral works. Choir includes SATB singers and a wide range of ensemble instrumentalists.

**Time:** Sundays, 8:30am warm-up, Mass at 9am. Rehearsals, Wednesdays 7:30-9:30pm.

**Choir Directors:** Sylvia and Bob Malinowski, sylviamalinowski@gmail. com





## **Music: Coro Hispano**

The Spanish Choir sings for the Sunday 1pm Mass throughout the year as well as Christmas Eve and Easter, and other parish celebrations. Singers who enjoy singing in Spanish and players of appropriate instruments are most welcome to join, Spanish speakers and learners!

**Time:** Sunday 11:30am warm-up, Mass at 1pm.

**Director:** Juan Pablo Rodriguez, jprodriguezy@gmail.com or (571) 216-8529

## **Music: Youth Choir**

**Grades 7-12.** Sing or play appropriate instruments for the Sunday 5pm Mass September to June, as well as Christmas Eve.

**Time:** Sunday 3:45pm rehearsal for Mass at 5pm. Rehearsals Tuesdays at 7 - 8:30pm.

Choir Director: David Mathers

## **Music: Children's Choir**

**Grades 1-6**. Sings for the Saturday 5pm Mass every other week from September to June as well as Christmas Eve and Easter Sunday.

**Time:** Rehearsals every Thursday, 5:00-6:15pm.

Choir Director: David Mathers

## **Seasonal Decorators**

**Mission:** To prepare the church for primary liturgical seasons, creating designs that lead those attending Mass to enter more deeply into the Mysteries we celebrate.

**Time:** Usually the Saturday before a major feast day. Other dates as needed throughout the year.

**Talent:** An eye for design, able to lift, use ladders.

**Coordinator:** Fr. Don Rooney, frdon-rooney@stbernpar.org



*Every fourth Monday of the month we gather for an ecumenical prayer service in the tradition of the Taizé community in France.* 

Just as in any organization, there is a lot of "behind the scenes" work that must be done in order for our community events and projects to be completed. We are always in need of physical help, whether it is setting up, or cleaning up, stuffing envelopes, or answering phones. We are also responsible for keeping our facilities in working condition and making improvements as necessary.

## **Administrative Support**

**Mission:** To assist in office tasks; help with large mailings, bulletin inserts, data entry, answering phone calls, etc.

**Time:** Varies with needs. Many one-time projects several times a year.

**Talent:** A warm and kind disposition and willingness to serve.

**Coordinators:** Rick Caporali, rcaporali@ stbernpar.org and Ivonne de Frias, idefrias@stbernpar.org

## **Bishop's Lenten Appeal Committee**

**Mission:** To plan and organize the annual Lenten Appeal. Encourage full participation through planning, publicity, and reporting.

**Time:** Annual event, January-May follow-ups. A few additional meetings.

**Talent:** Organization and leadership. Willingness to speak at Mass helpful.

Contacts: Ed Wyse, ejwyse@yahoo.com

## **Communications Committee**

**Mission:** To spread the word about the good things happening at Saint Bernadette throughout the community. Help keep Parish Life announcements/ Calendar of Events current on the parish website and in the local media and *Catholic Herald*, and bring our news to local assisted living facilities, hotels/ motels and visitors' locations.

**Time:** Varies; 30 minutes to an hour weekly depending on the size of the ministry team.

**Talent:** Great at Hospitality and knowledgeable of the Parish Community, able to deliver bulletins and flyers when necessary.

**Contacts:** Fr. Don, frdonrooney@stbernpar.org

## **Development Committee**

**Mission:** To cultivate the financial resources of our parish and community by developing and maintaining programs that secure funds for the continued service and maintenance of parish programs and facilities.

**Talent:** Fundraising experience. Organized and friendly.

**Coordinators:** Doug Mills, dmills@stbernpar.org and Rick Caporali, rcaporali@stbernpar.org

## **Gift Shop Volunteers**

**Mission:** Assist parishioners with the availability of books and religious articles in the gift shop located in the church vestibule.

**Time:** Usually volunteers cover a Mass on Saturday evening or Sunday, by tending the shop counter before and after a Mass.

**Talent:** A winning smile and superhoned sales skills.

**Contacts:** Rita Dunham, rita\_dunham@yahoo.com

## Logistics

Often there is a great need for assistance to accomplish the goals set by other committees and ministries, and Logistics facilitates their successful outcome. Sometimes we just need people to help set up and put away tables and chairs!

**Mission:** To organize and coordinate volunteers as they are needed; to facilitate small groups programs; to assist in the planning and managing of maintenance and improvements of parish property. Also, facilitating the physical needs of major parish events/ functions.

**Time:** Varies with needs. **Talent:** No training is necessary, however, a diversity of expertise is very helpful.

**Coordinators:** Don Loren, dloren74@outlook and Jason Ouimet, jmouimet@verizon.net



- Administrative Support
- Bishop's Lenten Appeal Committee
- Communications Committee
- Development Committee
- Gift Shop Volunteers
- Operations Committee

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## OUTREACH MINISTRIES

- Catholic Advocacy Committee
- ECH0

Can-A-Week

- Ecumenical/Interreligious Commission
- Catholic Charities Volunteers
- Jail/Prison Ministry
- Refugee Assistance

Believing in the presence of God in our midst, we proclaim the sanctity of human life and the dignity of the person by sharing in the mission of Jesus given to the Church. To this end, Saint Bernadette *Church works with individuals, families* and communities to help them meet their needs, eliminate oppression, and build a *just and compassionate society.* 

## **Catholic Advocacy Committee**

Our Advocacy Committee attends Catholic Advocacy Day in Richmond in January and promotes the annual Virginia Catholic ECHO: Can-A-Week *Conference email registration drive, and* works to raise awareness among the community to social justice issues and Catholic teachings.

**Mission:** To serve as liaison to the Virginia Catholic Conference in coordinating parish activies to promote Catholic values in the public square according to the guidance of the United States Conference of Catholic Bishops. The Committee organizes our attendance at the annual Catholic Advocacy Day in Richmond and coordinates parish awareness on issues such as protecting life, care for the poor, predatory lending, human trafficking and immigration reform.

**Time:** Periodic meetings and events as they occur.

**Talent:** A passion to bring awareness to the parish and to actively participate in the promotion of Gospel values in society.

**Seeking a Coordinator.** In the interim, Fr. Don, frdonrooney@stbernpar.org

## ECHO: Ecumenical Community **Helping Others**

*ECHO is a non-profit, all-volunteer* private agency whose purpose is to help people in need in our community. Since 1968 when it first started ECHO's base of support has been religious congregations in Burke and Springfield. Those congregations appoint members to ECHO's board of directors and support its mission with donations of food, clothing, money, and work by volunteers.

Saint Bernadette is one of the ECHO board member congregations. Through congregational donations as well as civic groups, charitable foundations and individuals ECHO is able to help needy people.

Mission: : Assist people with food, clothing, household items, and financial assistance who suffer the effects of long-term poverty as well as people who are experiencing an emergency need.

**Time:** This varies depending on what you volunteer to do at/thru ECHO, as much or as little as you can spare.

**Talent:** Sort clothes, cashier, pick-up and deliver furniture. Ability to interact with applicants seeking financial assistance. Friendly demeanor and compassion for those in need of help.

Coordinator: Terry Arndt, Saint Bernadette Church ECHO representative, tamar81@verizon.net

**Mission:** For all parishioners to contribute non-perishable food (a can a week) and/or time in gathering it for ECHO on a weekly basis. Our goal is 1,000 cans a week and often we do it, but we know we can do more.

**Time:** Just bring your contribution (staples, also high-protein items) when you come to Mass. Drop off and pickup is from the vestibule. Volunteers are asked to come 15 minutes before Mass and stay 10 minutes after to help put the food in the closet.

**Talent:** A desire to help provide people who have little with sustenance.

Coordinators: Tom Nally, nally1000@ cox.net

## Ecumenical/Interreligious Commission

Mission: To organize and promote unity among people of Christian faiths and between world religions represented in the community.

**Time:** Periodic meetings and events as they occur.

**Talent:** A desire to bring unity to those separated by religious profession.

## Coordinators: Fr. Don,

frdonrooney@stbernpar.org and Rick Caporali, rcaporali@stbernpar.org

## **Catholic Charities Volunteers**

*Throughout the year Saint Bernadette* is active in working for the initiatives of Catholic Charities in our diocese. We respond to programs and requests for food (Lucy Project) and clothing (Christ House), and many organizations in the parish are involved independently. If you would like to know more about how our parish is involved, please contact our liaison.

**Mission:** To serve as a volunteer with any of the many programs offered by Catholic Charities.

**Time and Talent:** Depending on need,

volunteer service could be at the parish or off-site.

**Liaison:** Rich Davis, richarddavis465@hotmail.com

## **Jail/Prison Ministry**

Fairfax Prison Aftercare Ministry is a multi-denominational Christian program coordinated by Truro Church, working in cooperation with the Chaplains at the Fairfax County Adult Detention Center. Its purpose is to assist inmates at the Center to improve their opportunities to grow spiritually, to access available resources in the community and to build more constructive lives following their release from prison. Inmates accepted into the program will not have had a conviction for a violent crime.

**Mission:** To bring the redeeming and transforming love of Jesus Christ to men and women incarcerated, and to remain with them for spiritual support upon their release, by pairing an individual care giver to a care receiver and by supporting care givers through corporate prayer and education.

**Time:** Completion of an eight-part training course. Attend monthly meetings at Truro Church in Fairfax.

**Talent:** Adults 21 years of age or older with an intentional prayer and discernment leading to a call to participate in this ministry. Commitment to be paired with a care receiver—men with men, women with women upon completion of training. Acceptance of accountability, help and support in all care giving experiences, including when necessary, intervention of clergy.

**Coordinator:** Kathy Marchetti, kathmarc@yahoo.com

## **Refugee Assistance**

**Mission:** To assist in providing furnishing and household supplies for new arrivals through the refugee resettlement office of the Diocese.

**Time:** Whatever time may be available; volunteers may also contact the office of Migration and Refugee Services for other opportunities in helping the refugee population with daily needs.

**Talent:** Willingness to meet needs of clients.

**Coordinator:** Rick Caporali, rcaporali@stbernpar.org



## PARISH LIFE MINISTRIES

## • Arimatheans

- Called and Gifted Program
- Coffee and Donut Sundays
- Forty-niners
- Friends in Need Committee • Funeral Receptions
- Hospitality (Receptions Committee)
- Knights of Columbus
- Legion of Mary
- Lenten Small Groups Program
- Prayer Groups

• Hearts on Fire Prayer Group Pro-Life Ministry

- Vocations Promoters
- Welcoming New Parishioners
- Youth Organizations (parish/school sponsored)
   Boy Scouts Troop

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We welcome, connect and foster fellowship in the parish community. Parish Life is the very essence of Christ in action—loving, serving, praying and building God's kingdom through each other and the family of Saint Bernadette Parish.

## **Arimatheans**

A group who responds to the spiritual needs of families by representing the parish attending funerals and vigils, if possible.

**Mission:** To pray for the deceased members of our parish at funerals, and be present as parishioners to the families in mourning. Arimatheans stay after the funeral and pray a rosary for the deceased.

**Time:** As needed, when funerals are scheduled, weekdays or Saturday mornings.

**Talent:** A desire to help people know that we are present in grief, to comfort them and pray for them.

**Coordinator:** Trish Pirowski, al\_trish@verizon.net

## **Called and Gifted Program**

This program begins the process of becoming Intentional Disciples in our community life of spirituality and ministry. The workshop spurs a parish to move out of maintenance mode into mission. This program is for anyone in the parish who would like to discern gifts and seek answers to how God is calling you.

**Mission:** To assist in the continued development of the Called and Gifted Program at Saint Bernadette Parish by establishing an organized process for implementation and fostering opportunities for small groups for discernment beyond the completion of the formal program.

**Time:** On-going commitment; primarily based on larger programmed events planned throughout the year.

**Talent:** Must have completed the Called and Gifted Workshop, organized, good communication skills and attentiveness to detail; have a good sense of our parish community, been involved in ministry(ies) and comfortable with both short/long timelines and event planning.

**Coordinator:** Rick Caporali, rcaporali@ stbernpar.org

## **Coffee and Donuts Sundays**

All organizations / ministries in the parish are encouraged to sponsor a Sunday (or Sundays) to foster this feeling of com*munity and to be in a position to answer* questions about its ministry. For example, for the youth in our parish, service hours can be earned by assisting with Coffee and Donut Sunday. As another example, Boy Scouts and Girl Scouts might sponsor the Coffee and Donut Sunday on Scout Sunday, ECHO might be the sponsor when a second collection is for the support of ECHO, Saint Bernadette School can be *the sponsor for Catholic School Week, etc.* All parishioners (e.g., a family or group of families) are welcome / encouraged to volunteer. Groups who sponsor may keep whatever donations they may receive.

**Mission:** To set up and serve coffee and donuts on Sunday morning in the vestibule after the first three Masses: assist in establishing, encouraging, and maintaining a sense of community and belonging among the parishioners and as a welcome for newcomers and visitors.

**Time:** Sunday mornings, two shifts (7:10-10:15am and 10:10-1:15pm). The order for the donuts is placed by the Parish Secretary on Thursdays, based on input from the coffee and donut team leader or coordinator

**Talents:** Gifts of helping, hospitality, service.

**Coordinators:** Myra Musialkiewicz, mmusialkiewicz@cox.net

## **Forty-niners**

**Mission:** To provide recreation and leisure activities for those 55 years of age or older, and who reside in the Springfield area. Socials, pot-luck lunches, restaurant visits.

Time: 1st and 3rd Wednesdays at noon.

**Talents:** A desire to build community and enjoy time together.

**Coordinator:** Margaret Norton, 703-244-4144

## **Friends in Need Committee**

This is a committee restored in the past year by many long-time parishioners who wish to be friends to anyone in need.

**Mission:** To provide support for individuals or families in need of a meal or a ride. The group seeks to lend a helping hand wherever they are able.

Time: As needed when needed.

**Talents:** Gifts of helping, encouragement, service.

**Coordinator:** Kathy McAndrew, mommc7905@aol.com

#### **Friends in Need: Funeral Receptions**

**Mission:** To provide support for families in grief by setting-up and serving receptions held in the Bradican Room following funerals.

**Time:** As needed when funerals occur. Weekdays or Saturdays.

**Talents:** A desire to support a family in grief.

**Coordinator:** Kathy McAndrew, mommc7905@aol.com

## **Hospitality - Parish Receptions**

This is a new ministry to provide friendly receptions for parishioners, guests, visitors.

**Mission:** To provide food and volunteers to set-up, clean-up and serve the food at various parish events.

**Time:** The time commitment depends on how often you volunteer to prepare food and/or serve at the various events throughout the year.

**Talents:** enjoy preparing and sharing food and a willingness to serve others.

**Coordinator:** Kathy Marchetti, kathmarc@yahoo.com

## **Knights of Columbus**

The Knights of Columbus is a Catholic men's organization designed to assist parishes through charity, unity and fraternity. Springfield Council 6153 supports St. Bernadette in many ways throughout the year.

Knights are Catholic men committed to charity in action. You will find the Knights participating as ushers, choir members, extraordinary ministers of communion, lecturers, greeters for new family welcome as well as some lesser known, but very important ministries.

The Council also helps those in need through parish referrals and support family, youth, community and Church in prayer, treasure and action.

Mission: To live by the principles of

charity, unity, fraternity and patriotism within the community of St. Mary Parish. The Knights of Columbus has the potential of being one of the most profound presences of charity and leadership in the parish, with your membership.

**Time:** Meetings held monthly. Additional charitable and community events are held throughout the year.

**Talents:** Catholic men over 18 years of age seeking fellowship and having a desire to grow in their faith and community outreach.

**Coordinator:** Grand Knight Don Howell, dhowell788@aol.com

## **Legion of Mary**

The Legion of Mary is a lay Catholic organization whose members give service to the Church on a voluntary basis in almost every country. Weekly meetings are held where prayer and instruction are intermingled with reports and discussion. Additionally, every legionary completes a weekly apostolic work. These works include religious education, and visitation of families and the sick, in their homes, hospitals, and nursing facilities. The Legion also collaborates in apostolic and missionary undertakings sponsored by the parish

**Mission:** To magnify the glory of God through the holiness of its members developed by prayer and active co-operation in the Church's work, under the guidance of a priest.

**Time:** Weekly meetings with additional apostolate works, about a four-hour weekly commitment.

**Talents:** Commitment to prayer and service.

Monday 7pm Coordinator: Seeking a Coordinator Friday 7pm Coordinator (Spanish): Teresita Martinez, terelaw@aol.com

## PARISH LIFE MINISTRIES



**Mission:** To develop and encourage small groups to gather weekly during Lent 2020 to share their faith and build community. "Affinity" Groups will be invited to meet in their homes or at work, or after work, and if they are comfortable doing so, participants may take turns acting as facilitator. "For where two or three are together in my name, there I am in the midst of them" (Mt 18:20). Small groups are a great way to make big churches feel smaller. Our Faith is very relationship oriented. Christ taught us that when we are present to each other, know one another, share what we have, support and encourage each other in love and faith, God will be with us in extraordinary ways.

**Time:** Groups will meet weekly throughout the season of Lent, (six weeks), approximately one or one and one-half hours per session.

**Talent:** Roles to fill include Coordination, Group Leaders and Communication/Promotion to the Parish. Willingness to explore faith in a small group setting—open to sharing. Groups are suggested to gather around common interests as a means collegiality but not required (affinity groups) and committed to the six-week program.

**Coordinator:** Rick Caporali, rcaporali@ stbernpar.org and Fr. Rich Miserendino, frrich@stbernpar.org

## **Prayer Groups: Hearts on Fire**

The Life in the Spirit Prayer Seminars were hosted in March 2018 and March 2019 teaching the renewed Catholic Life in the Spirit.

**Mission:** To praise, pray and open our hearts to the Lord Jesus Christ and the movement of the Holy Spirit, including His gifts and charisms. All are welcome to attend and participate in these gatherings.

**Time:** The 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every month (check the bulletin, dates may change from month to month) at 7:30pm.

**Contact:** Tracy Pham, tracy\_pham@msn.com

## **Pro-Life Committee**

**Mission:** To promote pro-life and profamily values, facing trends in today's culture with mercy, action and support. To help organize parish attendance in the March for Life and Life Chain. This year we hope to promote new initiatives for education and the dignity of the person, with emphasis on a culture of support and adoption.

Time: Flexible, as able.

**Special Skills:** An ability to reach out to others in a spirit of love and forgiveness, an intention to heal and transform hearts.

## **Currently seeking a Coordinator**



## **Vocations Promoters**

**Mission:** To encourage Saint Bernadette parishioners to heed the command of Jesus to "*Pray the Father to send laborers into the field*" and to inspire those who are being called to respond generously to the invitation to serve God as priests, permanent deacons, and consecrated religious brothers and sisters.

## Time: Flexible.

**Special Skills:** Volunteers (individuals or families) are needed in two areas: (1) helping with recruitment of each week's crucifix recipient, and (2) bringing the vocations crucifix home for a week of prayer for vocations (no requirements for amount of time or specific prayers during the week).

#### **Currently seeking a Coordinator**

## **Welcoming New Parishioners**

**Mission:** To organize a 5th Sunday evening pot luck dinner to welcome and inform our new parishioners about the many ways in which they can get involved, to grow and develop their faith and feel a part of the family that is St. Bernadette parish.

**Time:** Several times a year, Sunday evening.

**Talent:** A warm and welcoming spirit.

**Coordinator:** Kelly Smith, tomandkellysmith@verizon.net

#### Youth Organizations (sponsored) Boy Scouts of America

**Mission:** The Boy Scouts of America provides a programming for young

people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness.

Cub Scouting is a program of the Boy Scouts of America—so in that sense, Cub Scouts and Boy Scouts are both members of the same organization. However, they are entirely different programs: Cub Scouting is a familyoriented program designed specifically to address the needs of younger boys.

**Time:** Please contact listed leaders for each group's schedule.

**Cub Scout Pack 995:** Sean Lenahan, slenahan@nahb.org

**Boy Scout Troop 995:** David Flaherty, dpmflaherty@aol.com

# It's Parish Life Weekend! Here is a quick guide to getting involved. You're welcome.

# MINISTRY Education Adult Faith Formation

Adult Faith Formation ALPHA Youth / Adult Faith Formation K-12 Confirmation Team Leaders ESOL Teachers Middle School Youth Program RCIA Team Members Saint Bernadette School Volunteers Youth Ministry Program

## Liturgy

Altar Society Arimatheans Eucharistic Ministry

Greeters Lectors

Altar Servers

Music Ministry / Choirs Seasonal Decorators Ushers

## **Operations**

Administrative Support Bishop's Lenten Appeal Development

Logistics Committee Gift Shop Volunteers

## **Outreach**

Can-A-Week Catholic Advocacy Catholic Charities ECHO Ecumenical Commission Jail/Prison Ministry Refugee Assistance

## **Parish Life**

Boy Scout Troop 995 Brownie Troop

Called and Gifted Coffee and Donuts Cub Scout Pack 995 Forty Niners Friends in Need Hearts on Fire Knights of Columbus Legion of Mary

Parish Life Committee Pro-Life Committee Vocations Promoters Welcoming New Parishioners

## MINISTRY LEADER

Martha Drennan Kara Lilly Martha Drennan Kevin Elaine Fiesel Diana Round Stephen Paquette Martha Drennan

Barbara Dalmut Kara Lilly

Jay Conners Kim McShea Trish Pirowski Alicia Ramos Suyapa Shine Kathy Marchetti Carmen Sanchez Nancy Allard David Mathers Fr. Don Rooney Kyle Albert (Sunday pm) Adam Curcio (Sunday am) Cedric Ellis (Saturday pm)

Ivonne Blanco Ed Wyse Doug Mills Rick Caporali Don Loren Rita Dunham

Tom Nally Fr. Don Rooney Rich Davis Terry Arndt Rick Caporali Kathy Marchetti Rick Caporali

David Flaherty Caren Dunne Kristin Tucker Rick Caporali Myra Musialkiewicz Sean Lenahan Margaret Norton Kathy McAndrew Tracy Pham Don Howell vacant Teresita Martinez Kathy Marchetti vacant vacant Kelly Smith

## **CONTACT INFORMATION**

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