

*Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.*

# First Sunday of Lent

March 9, 2025



Temptations of Christ in the Wilderness, mosaic, 1100-1150  
Basilica of San Marco, Venice, Italy



**SAINT BERNADETTE**  
CATHOLIC CHURCH AND SCHOOL

# First Sunday of Lent

March 9, 2025

# welcome



SUNDAY MASS	Saturday Vigil in church 5pm (live-streaming) Sunday 7am, 9am, 11am, 1pm (Spanish), 5pm
DAILY MASS	Mon.–Fri., 7 & 9am (live-streaming); Sat., 8am (live-streaming) Holy Days of Obligation, as announced
LIVE-STREAMING	Monday–Friday, 9am; Saturday, 8am; Vigil Sat., 5pm and Sundays 9 & 11am
DEVOTIONS	Adoration & Benediction, Fridays, 7-8pm (church) Rosary after 9am weekdays/8am Saturday Masses in church Taizé Prayer Service, 3 <sup>rd</sup> Mondays, 8-8:45pm (church)
CONFESSION	Sat., 3:30-4:30pm, or by appointment. English and Spanish Confessions
PARISH OFFICE	703-451-8576, fax 703-269-1121 office@stbermpar.org Monday–Friday, 8:30am – 4:30pm
	Pastor, Fr. Don Rooney <a href="mailto:frdonrooney@stbermpar.org">frdonrooney@stbermpar.org</a> Fr. Jeb Donelan <a href="mailto:frjebdonelan@stbermpar.org">frjebdonelan@stbermpar.org</a> Fr. James Waalkes <a href="mailto:frjameswaalkes@stbermpar.org">frjameswaalkes@stbermpar.org</a> Deacon Orlando Caicedo
	Pastoral Associate, Rick Caporali <a href="mailto:rcaporali@stbermpar.org">rcaporali@stbermpar.org</a> Business Manager, Linda Patterson <a href="mailto:lpatterson@stbermpar.org">lpatterson@stbermpar.org</a> Music Director, David Mathers <a href="mailto:dmathers@stbermpar.org">dmathers@stbermpar.org</a> Executive Assistant, Jean Corday <a href="mailto:jcorday@stbermpar.org">jcorday@stbermpar.org</a> Executive Assistant, Evelyn Vargas, <a href="mailto:evargas@stbermpar.org">evargas@stbermpar.org</a> Secretary, Janet Chávez-España
SAINT BERNADETTE SCHOOL	703-451-8696, fax 269-1121 Principal, Dr. Kathleen Burgess <a href="mailto:school@stbermpar.org">school@stbermpar.org</a> Assistant Principal, Emily Reid Registrar, Heidi Thomes
RELIGIOUS EDUCATION	703-451-8576 Director, Lynn Jones <a href="mailto:ljones@stbermpar.org">ljones@stbermpar.org</a> Coordinator of Religious Education, Arlyn Agasen, <a href="mailto:aagasen@stbermpar.org">aagasen@stbermpar.org</a> Admin. Asst., Victor Mendez <a href="mailto:vmendez@stbermpar.org">vmendez@stbermpar.org</a>
YOUTH MINISTRY	703-451-8576 Director, Grace Mee <a href="mailto:gnee@stbermpar.org">gnee@stbermpar.org</a>
BAPTISMS	Saturday, 10am, 1 <sup>st</sup> and 2 <sup>nd</sup> Saturdays in English; 3 <sup>rd</sup> Saturday in Spanish. Parish registration is encouraged for parents. Class attendance is required. Please contact the parish office to schedule at least four weeks in advance. All required paperwork must be submitted before a baptism may be scheduled.
WEDDINGS	Sat., 12 & 2pm. Parish registration encouraged; contact a priest at least six months in advance of desired date.
JOIN US	You are welcome! Registration forms are available in the church vestibule, office, or online <a href="http://www.stbermpar.org">www.stbermpar.org</a> .  Articles for the bulletin must be submitted to the parish office no later than first thing Friday morning, ten days before publication date. <a href="mailto:bulletin@stbermpar.org">bulletin@stbermpar.org</a> .

# calendar

## march

- 9 Sunday, FIRST SUNDAY OF LENT**  
• Live-streaming Masses continue at 9am, 11am and 1pm in Spanish
- 10 Monday, Lenten Weekday**
- 11 Tuesday, Lenten Weekday**
- 12 Wednesday, Lenten Weekday**  
• "The Light is On" confessions, 6:30 - 8pm, church
- 13 Thursday, Lenten Weekday**
- 14 Friday, Lenten Weekday**  
• **Soup Supper**, 6pm in the cafeteria  
• **Stations of the Cross**, 7pm in the church  
• **Estaciones de la Cruz**, 8pm in the church
- 15 Saturday, Lenten Weekday**  
• Live-streaming Mass for Sunday begins with the 5pm Vigil Mass
- 16 Sunday, SECOND SUNDAY OF LENT - Forty Hours begins**  
• Live-streaming Masses continue at 9am, 11am and 1pm in Spanish  
• **FORTY HOURS' ADORATION** begins following the 5pm evening Mass.  
Please sign up in the vestibule to ensure two people are present at all time.  
• Our Forty Hours first **Mission Talk with Fr. Bill Quigley, CICM** begins ~ 6:15pm
- 17 Monday, Lenten Weekday [Saint Patrick, Bishop]**  
• **Forty Hours Mass, 6:30pm** followed by **Mission Talk with Fr. Quigley, 7:30pm**
- 18 Tuesday, Lenten Weekday [Saint Cyril of Jerusalem, Bishop and Doctor]**  
• **Forty Hours Mass, 6:30pm** followed by **Mission Talk with Fr. Quigley, 7:30pm**  
• Benediction of the Blessed Sacrament will conclude Forty Hours following talk.
- 19 Wednesday, Solemnity of SAINT JOSEPH**  
• "The Light is On" confessions, 6:30 - 8pm, church
- 20 Thursday, Lenten Weekday**
- 21 Friday, Lenten Weekday**  
• **Soup Supper**, 6pm in the cafeteria  
• **Stations of the Cross**, 7pm in the church  
• **Estaciones de la Cruz**, 8pm in the church
- 22 Saturday, Lenten Weekday**  
• Live-streaming Mass for Sunday begins with the 5pm Vigil Mass
- 23 Sunday, THIRD SUNDAY OF LENT**  
• Live-streaming Masses continue at 9am, 11am and 1pm in Spanish
- 24 Monday, Lenten Weekday**
- 25 Tuesday, The ANNUNCIATION OF THE LORD**
- 26 Wednesday, Lenten Weekday**  
• "The Light is On" confessions, 6:30 - 8pm, church
- 27 Thursday, Lenten Weekday**
- 28 Friday, Lenten Weekday**  
• **Soup Supper**, 6pm in the cafeteria  
• **Stations of the Cross**, 7pm in the church  
• **Estaciones de la Cruz**, 8pm in the church

## announcements

**39%  
of goal**

### Bishop's Lenten Appeal

We're at 39% *before* including gifts/pledges from last weekend!  
Just drop your pledge envelopes in the basket at Mass or at the

office, or visit [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA)  
Please indicate you are a parishioner here and it will count toward our parish goal of \$560,000.

**Now accepting applications for PRE-Kinderergarten in our school.** Interested in joining our school community? We focus on faith formation, academic excellence, and community service. Visit our website: [www.stbernschool.org/admissions-process/](http://www.stbernschool.org/admissions-process/)

All women are invited to a Lenten Night of Reflection with a special talk given by Fr. Don, Saturday, March 29th from 7-9:00pm in the Saint Bernadette School Gym. Please join us for refreshments and for small group discussion.

No Taizé this month in lieu of our 40 Hours Observance. We will resume next month 21 April at 8pm.

### Lenten Observances

**Fasting:** Food equivalent to one regular meal, one small meal – Ash Wednesday and Good Friday

**Abstinence:** No meat – ALL Fridays

**Parish Soup Suppers:** Fridays in Lent, 6pm

**Stations of the Cross:** Fridays, 7pm in English, 8pm in Spanish, in the church

**Lent Confessions:** Wednesdays, 6:30-8pm, Saturdays, 3:30-4:30pm (as usual). *Please plan confessions early in the season to avoid running out of time.*

**Parish Penance Service:** Tuesday, April 8, 6:30pm

**40 Hours and Parish Lenten Mission: Adoration of the Blessed Sacrament, Sunday–Tuesday, March 16-18.** Begins with 5pm Mass Sunday followed by adoration and mission talk by Fr. Bill Quigley, CICM, director of Missionhurst's Mount Tabor Retreat House in Arlington at 6:15pm.  
Additional Masses on Monday and Tuesday evening at 6:30pm followed by Lenten Mission talks at 7:30pm.  
Close of 40 Hours with Benediction, Tuesday night after the talk.

## from the pastor

Dear Good People of Saint Bernadette,

Now that we have begun the season of Lent, I thought I would offer to you a perspective of the season that might be a little different from the way you have approached Lent in the past.

True, it is a penitential season: we do penance to make amends for the sins we have committed. We often use the word *reparation* -- a repairing or healing of the disorder we have caused in our own lives, the way we have impacted others, been unfaithful or indifferent to God, and his creation.

But this was not the origin of the season of Lent, it is what it became around the time of the middle ages when there was a growing obsession with sin itself and who we were becoming. We were not good people who did bad things, but just bad people. The Reformation took place, in part, because the Catholic Church was literally telling people they could buy their way out of hell through the Church. The divisions in Christianity which came later were often driven by different leaders outdoing each other over just how unsalvageable humanity was.

The ancient feast of the Pasch, or Easter, is the day of resurrection. It was the morning that the Church observed Jesus' rising from the dead and the fullness of our hope. It was always the day of baptism as people converted from non-Christianity to be received into the Body of Christ. The Church celebrated it not only in one day, but grew into a series of days not really to reenact the passion, death and resurrection of Jesus, but to actively, ritually remember it. It is the seamless transformation of the Passover given to Moses by God as a feast forever, given new fullness and meaning as Christ becomes the paschal lamb that delivers us from death by his own sacrifice.

The triduum, the three days of Holy Thursday, Good Friday and Easter Vigil/Day expanded as a time for preparation for those who were to be baptized. See the emphasis on *preparation*: the saving rites that deliver us were yet to come. It is only afterward that we turn it into a penitential time because we have acknowledged that we have been unfaithful to God's saving act.

So, those who had come into the Church in previous years soon began to seek a longer time to "put things in order" for the celebration of baptism at the Easter Vigil, when each year the Church renews those baptismal promises which were made in the past. For most of us, those promises were made for us as infants or children by our parents and godparents. We must own them more each year we are alive.

The Church already had, in the blending of Judaism and Christianity, the feast of Pentecost. The coming of the Holy Spirit 50 days after the resurrection, 10 days after the ascension of Jesus into heaven, seemed like a good development. The Church has always like symmetry in her celebrations and this is the classic example. The 40 days up to the ascension and the significance of the number 40 (years wandering in the desert being prepared by God for the promised land, Jesus' own post-baptismal 40 days in the desert preparing for his public life, the purification of the world by the great flood's 40 days and nights, the 40 days that Moses spent on Mount Sinai receiving the Torah), 40 being the number in the Bible and Talmud representing change, renewal and transformation made 40 days of preparation before the Triduum the perfect solution. We got Lent.

The season of Lent, then, is for those coming into the Church either by baptism or profession of faith the time of proximate *preparation*. You will see at Mass different celebrations. The parish Rite of Sending of catechumens Saturday, March 8 to the Rite of Election with Bishop Burbidge on Sunday, March 9. The Penitential Rite for those already baptized on the second Sunday of Lent (9am) for candidates to prepare for their profession of faith. The scrutinies on the third (Vigil 5pm), fourth (9am), and fifth (11am) Sundays of Lent, when the assembly prays over catechumens to open their hearts to fully receive the grace of the sacraments of initiation.

Not so much *reparation* as *preparation*: so much more than just giving something up out of sorrow for sin, it is a conscious walking into the new light of Jesus' resurrection that brings us to life.

The Lord be with you. *Fr. Dom*

## Academic Decathlon teams shine

On Saturday, March 1, our school hosted our region's Academic Junior High Decathlon. Around the country, sixth through eighth grade students competed for academic glory. Coordinating the myriad of logistics, Mrs. Bridget Smith served as the Regional Coordinator and ensured the day went smoothly. Working tirelessly behind the scenes, Mrs. Jacquie Sawyer guaranteed technology, table signs, and copies were ready for the big day. Mrs. Kasey Miller coached the two Saint Bernadette teams for the third year.

The Academic Decathlon season began in September when seventh and eighth grade students applied to be on the two teams. Chosen to represent the school, decathletes were assigned a subject in Fine Arts, Religion, English, Social Studies, Science, or Math and books to read about them. In addition to taking individual tests in these subjects, team members also prepared for a Super Quiz round, which required additional studying. The teams met weekly, during and after school, beginning in November, to build team spirit and retrieve crucial subject information.

We salute the dedication of our Academic Decathlon students who sacrificed time for this endeavor. We congratulate the following award winners:

Overall Decathlon Winner:  
1st Place - Saint Bernadette (8th grade team)  
2nd Place - Saint Bernadette (7/8 grade team)

Logic Quiz:  
1st Place - Saint Bernadette (8th grade team)  
2nd Place - Saint Bernadette (7/8 grade team)

Super Quiz:  
1st Place - Saint Bernadette (7/8 grade team)

Individual Subject Tests:  
Current Events: Joseph B. (1st Place)  
Math: August M. (1st Place)  
English: Avacenia M. (2nd Place)  
Avalyn A. (3rd Place)  
Religion: Emme J. (3rd Place)  
Science: Julianna L. (1st Place)  
Elly B. (2nd Place)  
Social Studies: James L. (3rd Place)

The first place winners will compete in the National Championship on March 14. Good luck to all of our Cardinals.

## cardinal corner



FORMING  
HEARTS  
& MINDS  
IN CHRIST

## Now enrolling PRE-Kindergarten

Interested in joining our school community? We focus on faith formation, academic excellence, and community service.

We are now accepting applications for the 2025-26 school year. Visit our website: [www.stbernschool.org/admissions-process/](http://www.stbernschool.org/admissions-process/)



*Congratulations to our winners of the Ancient Order of Hibernians annual Saint Patrick coloring contest. We are proud of you!*

# religious education

## Weekly update

Please contact Lynn Jones, Director of Religious Education, at 703-451-8576, ext 136; Arlyn Agasen, ext 132, or Victor Mendez, Administrative Assistant, at ext 138.

### RE regular schedule:

Tuesday Session  
5:30–6:45pm  
Wednesday Session  
6–7:15pm

# youth ministry

## Stay in touch:

Text/Email Updates: Sign-up at [flocknote.com/stbernyouth](http://flocknote.com/stbernyouth) or text "stbernyouth" to 84576.

Follow us on Instagram @stbernyouth

Email our director of youth ministry, Grace Mee, at [gme@stbernapar.org](mailto:gme@stbernapar.org) with any questions you may have.

## RE Program upcoming schedule

Regular classes: Mar. 11-12, 18-19, 25-26.  
Sunday Family Faith Formation Class: Apr. 6.  
Saturday SPRED class, Mar. 22, Apr. 5.

Email [vmendez@stbernapar.org](mailto:vmendez@stbernapar.org) or Lynn Jones, [Ljones@stbernapar.org](mailto:Ljones@stbernapar.org) for more information.

## CRS Rice Bowls

Our students received Rice Bowls which raise funds for the good works of Catholic Relief Services at classes last week. Please take this on as a family Lenten activity. Plan to return the rice bowl on April 8 and 9.

## Volunteers needed

We are in need of more volunteers who can commit to classes on Tuesdays from 5:30-6:45pm or on Wednesdays from 6:00-7:15pm. Contact Lynn Jones for more information.

## Middle School Youth Ministry Next gathering March 19

All 6th-8th graders are invited to Middle School Youth Ministry every 1st and 3rd Wednesday of the month! Join us for games, snacks, and fun from 6:45-8pm in the Gym. All middle schoolers are welcome, bring a friend!

## High School Tuesday Socials

All High Schoolers are invited to join us for games, snacks, fun, and discussions on the faith every Tuesday from 7-8:30pm in the youth room! All are welcome, bring a friend!

## WorkCamp adult volunteers still needed

-- 1 woman to serve as an Adult Crew Leader for the week June 21-27  
-- 1 contractor to supervise the repairs performed at the resident's home June 22-26. Please contact Matthew Frey with any questions: [matthew\\_c\\_frey@yahoo.com](mailto:matthew_c_frey@yahoo.com) or 571-265-5258.

## Bishop Ireton Theater presents Guys and Dolls!

The show will run on April 4, 5, 11 and 12 at 7pm; April 6 at 2pm in Garwood Whaley Auditorium, 201 Cambridge Road, Alexandria, VA 22314.

Event page with details: <https://www.bishopireton.org/fine-arts/theater-arts>  
Direct Ticket Link: <https://bihs.booktix.com/>

## Spring Reconciliations

Our students will be receiving the sacrament of Reconciliation on March 12 (Wednesday classes) for first time students. Please make an extra effort to be on time for class on those days!

## Trinity House Family Social

Mark your calendars! Join us on March 23 in the school cafeteria for fellowship, hospitality, and kids' activities after the 9am Mass! Come visit with other parish families while you enjoy coffee, juice, and donuts while your children do some fun activities with volunteers!

## Living the liturgical year

We are in Lent now, and this liturgical season is a perfect time to add some faith activities to your family life. Take a look at these great suggestions from Angie at Real Life at Home and incorporate a few in your Lenten journey this year. <https://www.reallifeathome.com/10-lent-and-holy-week-activities-for-catholic-families-printable/>



Our youth choir participated in the Pueri Cantores choir festival at the Shrine last weekend.

# Lent 2025



## Fasting, Abstinence, and Prayer, Soup Suppers & Stations of the Cross



Lent is a special time of quiet and personal reflection as well as a time in which the parish comes together to observe special devotions and gatherings.

Remember, Fridays are days of abstinence from meat.

Ash Wednesday and Good Friday are days of **fasting and abstinence**, which means no meat *and* we eat only one full meal and two small meals not equalling one full meal, with no snacks in between.

Join us for our parish Lenten Soup Suppers on Fridays at 6pm!

We celebrate the Way of the Cross, or Stations of the Cross, on Fridays at 7pm in English, and 8pm in Spanish in the church.

## Confessions



Our special **Parish Penance Service** with 16 priests will be held on Tuesday, April 8 at 6:30pm in the church. Please plan to join us.

Confessions will be available also on Wednesday nights, 6:30-8pm and the normal time, 3:30pm on Saturdays. *Please plan to come earlier in the season so as not to encounter limited opportunities later.*

# Cuaresma 2025



## Ayuno, Abstinencia, y oración, Cenas de Sopa y Estaciones de la Cruz



La Cuaresma es un tiempo especial de reflexión personal y tranquila, así como un tiempo en el que la parroquia se reúne para observar devociones y reuniones especiales.

Recuerda, los viernes son días de abstinencia de carne. El Miércoles de Ceniza y el Viernes Santo son días de **ayuno y abstinencia**, lo que significa no comer carne y solo comemos una comida completa y dos comidas pequeñas que no equivalen a una comida completa, sin refrigerios entre medias.

¡Únase a nosotros para nuestras cenas de sopa los viernes a las 6pm! Celebramos el Vía Crucis, o Estaciones de la Cruz, los viernes a las 7pm en inglés y a las 8pm en español en la iglesia.

## Confessions



Nuestro Servicio de Penitencia especial con 16 sacerdotes se llevará a cabo el martes 8 de abril a las 6:30pm en la iglesia. Por favor planee unirse a nosotros. Las confesiones estarán disponibles también los miércoles por la noche, de 6:30 a 8pm y, en horario normal, a las 3:30pm los sábados. *Planee venir más temprano en la temporada para no encontrar oportunidades limitadas más adelante.*

## lent is here

### Parish Offertory

March 2:  
Offertory \$29,866  
Facilities/Maintenance 4,904

**Thank you for your faithful support!**



*Consider using Faith Direct to make your parish contributions through either direct debit to your checking account or through credit cards, the same way you make car or tuition payments. Faith Direct also offers personalized offertory cards to replace your envelopes for the collection basket. You may enroll securely online. Visit [www.faithdirect.net](http://www.faithdirect.net) or call (866)507-8757. Our parish code is VA70.*

[www.stbermpar.org](http://www.stbermpar.org) | page 7

here and  
there

## A Beloved Tradition: 40 Hours of Eucharistic Adoration



OPENING of FORTY HOURS  
*all-night adoration Sunday night through  
Tuesday night.*

Sunday, March 16

5pm SUNDAY MASS  
6pm ADORATION BEGINS  
6:15pm MISSION TALK

Monday, March 17

FIRST DAY of ADORATION

7 and 9am MASS  
6:30pm MASS  
7:30pm MISSION TALK

Tuesday, March 18

SECOND DAY of ADORATION

7 and 9am MASS  
6:30pm MASS  
7:30pm MISSION TALK  
BENEDICTION and  
CLOSE of FORTY HOURS

## 2022 Mission Talks during 40 Hours



This year our parish mission speaker is Fr. Bill Quigley, CICM, a Missionhurst priest who currently serves as director of their Mount Tabor Retreat House in Arlington. He will speak on a variety of Lenten themes to inspire lay faithful to fully grow in to the life of the Church.

## An enlivening journey to the heart of Jesus

This Lent, join the diocese for a journey to the heart of Jesus! "A Holy People: Living the Scriptural and Social Teaching of our Faith." This adult faith formation series shows the way through prayer, scripture, the Beatitudes, and the rich social teaching of the Catholic Church.

Topics for this prayerful, interactive in-person faith program formation series includes: • Holiness: The Heart

of Catholic Social Teaching • The Great Commandment and Human Dignity • What is Social Sin and how should we respond? *When:* 5 Tuesdays in Lent starting March 11 - ending April 8 at 7:30pm *Where:* Cathedral of St. Thomas More, Burke Hall, 3901 Cathedral Lane, Arlington, VA 22203. We are excited to see you as we walk this journey together.)

## Catholic Women's Group Upcoming events

Come and enjoy warm fellowship and great food. No need to RSVP. For more information, please email us at [women@stbernpar.org](mailto:women@stbernpar.org).

Our next Monthly Meeting will be Tuesday, March 11 in the Bradican Room. Attorney Theresa Dalmut Small of the Fairfax firm McCandlish Lillard, will speak about estate planning -- wills, trust, advanced medical directives and powers of attorney.

Monday, March 17 is our next **Dinner with Friends** at 5pm, at Saratoga Pizzeria, 8050 Rolling Road. We meet for this casual meal on the 1st and the 3rd Monday of every month.

## Knitting/crochet ministry

Join our Friday Nights virtual and in person meetings - Knitting/Crochet Ministry at St. Bernadette Church in the Bradican Room, Friday evenings from 5 to 6:30pm. and in-person meetings on the 3rd Friday of the month, same time. The main objective of the knitting group is to be able, as a community, to help the very poor by donating our products to the less fortunate through charity organizations, and at the same time have fun while meeting other knitters, making good friends, and sharing our favorite knitting skills. You don't need to know how to knit or crochet to join the club, other knitters will teach you.

Yard donations: Our Ministry is now concentrating in making baby blankets, as it is the demand at the moment. Therefore, we welcome yarn donations, provided it is suitable for baby blankets, e.g., soft and right thickness. Contact: Lerick Kebeck: 703-477-1725; or [Lsotelo0712@yahoo.com](mailto:Lsotelo0712@yahoo.com)







## Live Jesus! 2025 at St. John Neumann Saturday, Mar. 29

Live Jesus! is a Catholic Lenten gathering that includes a morning of reflection, fellowship and prayer based on the humble and gentle spirituality of St. Francis de Sales and St. Jane de Chantal. Registration is free (although the event is



wholly supported by freewill donations), and encouraged for anyone high school age and above!

St. John Neumann Catholic Church (11900 Lawyers Rd., Reston VA) on Saturday, March 29 beginning with breakfast at 8am and speakers at 9am. The keynote speaker is Fr. James Greenfield, OSFS and two secondary speakers are Olivia Wills Kane and Carol Swiger, founder of Live Jesus! For more details and registration, visit [oblates.org/events-feed/live-jesus-2025](https://oblates.org/events-feed/live-jesus-2025) or scan the QR code.

## Walking with Purpose night of reflection

All women are invited to a Lenten Night of Reflection with a special talk given by Fr. Don Rooney. Saturday, March 29th from 7:00-9:00 pm in the St. Bernadette School Gym. Invite a friend to join us for hot chocolate, tea, and light hors d'oeuvres along with a chance for small group discussion!

## Support Catholic Relief Services International with Rice Bowls of the change you bring in Lent

Amina Bukar, a mother of five, is a well-respected leader and small business owner in Muna Moforo, Nigeria. In her village nutrition group, she teaches mothers how to prepare nutrient-rich porridge for their children to help them grow strong and healthy. This is important because in Nigeria, more than 25 million people face extreme hunger and lack access to nutritious food. Amina makes regular house visits to families in her community to provide support and knowledge for leading healthy lives. Amina started a food grinding business to earn income. She also began preparing specialty foods to sell in the market, like hibiscus drinks and gingerbread palm fruit. She earned enough money to support her family's needs and now provides materials to other women to help them start their own businesses.



To Donate please visit <https://tinyurl.com/34sdsxz4> or take and return a Rice Bowl from the church vestibule. Please return no later than April 11, 2025. Checks should be made payable to Catholic Relief Services.

## Mass intentions available

It is unusual, but requests are very slow right now for Mass intentions. In the coming two weeks, 13 Masses are unclaimed. We have filled them from the parish, praying for the intentions of all our Catechumens and Candidates who will be baptized or received into the Church at Easter. Of course, a Mass is the best thing you can do for loved ones who have died, but also an important way to show someone how much you care for them by having a Mass celebrated for their intentions. There is no fee -- but a freewill offering to the church is customary, usually \$10. Also, you don't have to be present for Masses you request. Our most unrequested Masses are 7am weekdays.

## Daily Mass Intentions and Readings

Please call the office also if you would like to request a Mass sooner, that is not announced.

### March

#### 10 MONDAY

7am The Mugno Family  
9am\* † Kim Dao  
Lv 19:1-2, 11-18/Mt 25:31-46

#### 11 TUESDAY

7am Al Williams  
9am\* † Jennifer Doyle  
Is 55:10-11/Mt 6:7-15

#### 12 WEDNESDAY

7am Allen Beal  
9am\* † Getulio & Baldomera Jersey  
Jon 3:1-10/Lk 11:29-32

#### 13 THURSDAY

7am A. J. Browell  
9am\* † Michael McNally  
Est C:12, 14-16, 23-25/Mt 7:7-12

#### 14 FRIDAY

7am Courtney & Chris Caporali  
9am\* Healing of United States  
10am\*\* † Regina Benson  
Ez 18:21-28/Mt 5:20-26

#### 15 SATURDAY

8am\* † Silvio Villena  
Dt 26:16-19/Mt 5:43-48  
5pm\* Christopher Popeck

#### 16 SUNDAY

7am Taylor Murray  
9am\* † James Sobczak  
11am\* † Flonnie Louise Godwin  
1pm For the parish  
5pm Eveith Lucas  
Gn 15:5-18/Phil 3:17-4:1/Lk 9:28b-36  
\* live-streamed Masses  
\*\* Mass at Greenspring Chapel

### Masses next weekend

March 15	5pm	Fr. Cedric
March 16	7am	Fr. Jeb
	9am	Fr. Don
	11am	Fr. Jeb
	1pm	Fr. James
	5pm	Fr. James

## Parish Prayer List

Frank Palumbo, Trevor Stezak, Jessica Curtis, Sean Duffy, Paul Flapper, Mark Fortin, Shamsun Nahur, Kamden Harriet, Alisa Squatrito, Jerome Furlow, Joanne DeAngelis, Jim Gribschaw, Pierre DesLauriers, Frank Caponegro, Krista Buskey, Helena Larsen, Cristy Perez Ayala, Amy Greenlee, Larry Lawrence, Thomas Fitzgerald, Adrian Vincente, Evan Robish.

## Pro-Life Witness

The Saint Bernadette Pro-Life Committee invites you to pray the rosary and be a witness to the sanctity of life on Tuesday or Saturday mornings in front of the abortion facility at 2616 Sherwood Hall Lane in Alexandria (ample free parking across the street). We legally, peacefully, and respectfully gather for an hour starting at 10am; no sign-up or commitment required. Questions? Email Tom Palumbo at [tompalumbo@outlook.com](mailto:tompalumbo@outlook.com).

## Planned giving: make a gift of appreciated assets

Consider a gift of stock or any other appreciated asset as a donation to Saint Bernadette Catholic Church and School. In exchange for a gift of a long-term appreciated asset, you can receive an income tax deduction for the current market value and avoid capital gains taxes on that appreciation. Your gift will support the Church, School, or the parish hall Capital Campaign. For more information, please contact Rick Caporali at [rcaporali@stbernapar.org](mailto:rcaporali@stbernapar.org) or call the office.

### Remember us in your will or trust

The next time you review your will or trust with your attorney consider adding a provision to donate a portion of your assets to Saint Bernadette Church and School. Your gift will be greatly appreciated. For more information, please contact Rick Caporali at [rcaporali@stbernapar.org](mailto:rcaporali@stbernapar.org) or call the office.

## Associates of Saint John Bosco scholarships

The Associates of St. John Bosco (ASJB), a Catholic non-profit in the diocese founded by Fr. Christopher Vaccaro, has opened its scholarship application for all current

and rising college students. ASJB will be awarding up to \$40,000 to up to five recipients who seek to serve the Church in some way after they graduate from college. Applicants must be residents of the Diocese of Arlington. Students may apply by May 19, 2025, by visiting: [www.asjb.org/scholarship-program](http://www.asjb.org/scholarship-program).

## The Car Ministry

If you have a used car to donate, please consider The Car Ministry, a charitable agency that processes and repairs donated vehicles, which are given at no cost to families and individuals who can support a car, and who have been referred by pastors and social workers. These vehicles transform people's lives because transportation allows them to obtain employment in places that were previously inaccessible, and be self-sufficient. For more information, contact Larry Gordon (703) 237-8479.

## Consider a volunteer mentor role at Mary's Comfort

Mary's Comfort maternity shelter is growing our mentoring team! We're in need of additional mentors to work directly with our guests and closely with other dedicated volunteers as we support pregnant women in crisis. Please see our website for more details about our program <https://www.maryscomfortva.org/>. If interested in becoming a mentor, email [maryscomfortva@gmail.com](mailto:maryscomfortva@gmail.com) with a brief summary of your interest and your contact information. Your love and support will make a long-term positive impact on the lives of pregnant mothers and their children



*If you are new to the parish or never had an opportunity to make a pledge or gift to our new Parish Life Center, the campaign continues. Please contact Fr. Don or Jean Corday in the parish office. Thanks for your support.*

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